

## **Cervical Disc Replacement**

- Cervical disc replacement is a cutting-edge surgical option for individuals suffering from chronic neck or arm pain caused by cervical disc herniation or degeneration.
- When discs degenerate or herniate, they can compress nerves, leading to pain, numbness, and weakness. Traditional treatments like physical therapy and medication may not always provide relief, and fusion surgery (ACDF) can limit spinal motion.
- Cervical disc replacement offers a revolutionary alternative. Unlike fusion surgery, which immobilizes the spine, this procedure replaces the damaged disc with an artificial one, preserving natural movement and reducing stress on adjacent discs. Benefits include no bone graft complications, fewer hardware-related issues, and a lower risk of adjacent segment disease. Patients often experience rapid relief from nerve symptoms and can return to normal activities sooner.
- If you're struggling with neck pain, consider cervical disc replacement to restore mobility and improve your quality of life.
- Contact us today to learn more about our comprehensive women's health services. <a href="https://line.me/R/ti/p/@939xasin">https://line.me/R/ti/p/@939xasin</a>

