

## **Protect Your Skin - Protect Your Life**

Skin cancer is one of the most common yet preventable cancers.

Early detection through regular skin checkups can save lives. Look out for new moles, changes in existing spots, or unusual skin growths. A quick, painless exam by a dermatologist can catch warning signs before they become dangerous.

Whether you spend hours in the sun or not, everyone is at risk. Make skin checkups a yearly habit and encourage loved ones to do the same. Early action is the best protection against skin cancer.

For more information, please add our Line OA https://line.me/R/ti/p/@939xasin

