



# WELLNESS MEETING PACKAGE MICE & RETREAT

Where Business Meets Well-being



**CONDITION**

- ◆ MINIMUM 10 ROOMS ON THE PEAK NIGHT
- ◆ MINIMUM 10 PERSONS PER MEETING

**EXCLUSIVE WELLNESS TOUCH**

- ◆ Mini massage at the lobby during check-in
- ◆ Meditation brief (10 minutes) before the meeting starts
- ◆ Gentle group stretch (10 minutes) after the afternoon coffee break
- ◆ Stay focused with our wellness drink selections
- ◆ Healthy dining and coffee break

CHOOSE ONE COMPLIMENTARY ACTIVITY  
(Wellness / Sustainability Workshop)

- |                                                                                                                                |                                                                                                                                  |                                                                                                                  |
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| <ul style="list-style-type: none"> <li>◆ <b>Yoga on the Lawn</b><br/>Gentle stretch in nature<br/>Morning / Evening</li> </ul> | <ul style="list-style-type: none"> <li>◆ <b>Thai Massage Workshop</b><br/>Learn traditional basic techniques</li> </ul>          | <ul style="list-style-type: none"> <li>◆ <b>Meditation</b><br/>Reduce stress, balance body &amp; mind</li> </ul> |
| <ul style="list-style-type: none"> <li>◆ <b>Zumba on the Lawn</b><br/>Burn calories in style.<br/>Morning / Evening</li> </ul> | <ul style="list-style-type: none"> <li>◆ <b>Flower Sachet Workshop</b><br/>Make aromatic sachets extra cost may apply</li> </ul> | <ul style="list-style-type: none"> <li>◆ <b>Sound Bath</b><br/>Recharge your energy, find inner peace</li> </ul> |

## PACKAGE & VALUE

<b>ACCOMMODATION</b>	<b>STARTING FROM THB 4,500 NET / ROOM / NIGHT</b>	Exclusive comfort for a deep, restful sleep.
<b>MEETING PACKAGE</b>	<b>STARTING FROM THB 1,500 NET / PERSON</b>	Half day meeting package
<b>MEETING PACKAGE</b>	<b>STARTING FROM THB 1,600 NET / PERSON</b>	Full day meeting package